



DAYTONA BEACH SHORES
COMMUNITY CENTER
OCTOBER 2020 NEWSLETTER

CONTACT INFORMATION

Director of Recreation: Nancy Maddox

Email: nmaddox@cityofdbshores.org

3000 Bellemead Drive

Daytona Beach Shores, FL 32118

(386) 281-3000

HOURS

MON, TUES, WED, & FRI: 8 AM – 4:30 PM

THURSDAY: 8 AM – 8 PM

SATURDAY: 8 AM – 2 PM

PICKLEBALL COURTS: OPEN DAILY, 8:00

AM–10:00 PM

Website:

www.dbshores.org

**YOU ARE STRONGLY ENCOURAGED TO WEAR A MASK IF YOU ARE
NOT THE RECOMMENDED 6' APART DURING THE ACTIVITIES.**

THANK YOU!

MORNING ACTIVITIES

Sittercise: Video Exercise Monday – Saturday 9-9:30 a.m.

Dance Aerobics: Video Exercise Fridays & Saturdays 9:30-10:15 a.m.

SilverSneakers® Video: Muscle Strength & Range of Movement.

Tuesdays & Thursdays, 9:30-10:15 a.m. AGES 62 OR BETTER.

SilverSneakers® FLEX: Certified Instructor Joanne Vita. Mondays &

Wednesdays, 9:30-10:30 a.m. AGES 62 OR BETTER.

Coffee with The Mayor: Every 2nd Wednesday of the month from 10:00-11:00 a.m.

Zumba Gold: Licensed Instructor Barbara Mitchell. Tuesdays & Thursdays 8:45-9:30 a.m. Dance your way to a fitter you! Exciting, unique Latin & International moves & rhythms!

Samba: Canasta card game variation of Hand & Foot. Fridays PLAY BEGINS 11:00 a.m.-3:00 p.m. Will teach beginners. Call to register by Thursday prior. NO CLOSED GAMES.

Backgammon Club: Fridays 10:30 a.m. All levels welcome, will teach beginners.

Hand, Foot & Elbow: Card game version of Canasta. Instructor available. Saturdays 10:30 a.m.-1:30 p.m. Please register by Thursday prior. NO CLOSED GAMES.

Mah Jongg for New Players: Wednesdays, 11:00 a.m.-2:00 p.m. New players looking to play for fun and experience please join us. Experienced players are welcome to share their knowledge.

Oil Painting: Instructor Rosetta. Saturday, October 17, from 9:45 a.m.-12:15 p.m. \$30 per person includes supplies. Cash payment due with

registration by Tuesday of that week. If you don't think you can paint, come anyway and be surprised with your painting.



AFTERNOON ACTIVITIES

Contract Bridge: Tuesdays 11:30 a.m. \$1 per person. Register ASAP.
AGES 62 OR BETTER.

Hand and Foot: Card game Mondays, set-up 11:45 a.m.; PLAY BEGINS
12 noon. NO CLOSED GAMES.

Dominoes Mexican Train: All Aboard! Tuesdays 1:00 p.m. All levels
welcome, new players wanted! Toot Toot! Members free; nonmembers
\$1.

Chair Volleyball: Beach Ball, Net, Chairs, Fitness, Fun! Thursdays 1:00
p.m. No skill required.

Mah-Jongg: Thursdays, set-up 11:45 a.m.; PLAY BEGINS 12 NOON. NO
CLOSED GAMES.

EVENING ACTIVITIES

Guitar Lessons: Instructor Mike Williams. Beginner level only. Thursdays, 4-5 p.m. Bring your own guitar. First 2 classes are free, then \$5 each.

Acoustic Music Jam: Old Time, Country, Bluegrass & Folk music. Play your instrument, sing along or just sit back & enjoy! Thursdays, 5:30-7:45 p.m. Free. Snacks & Beverages permitted and available.

OFFSITE PICKLEBALL COURTS

Pickleball Open Play: McElroy Park. Daily 8 a.m.-10 p.m., 10 dedicated courts with lights. All ages & skill levels welcome. Equipment available for loan in Shores Community Center.

Intro to Pickleball: McElroy Park. Mondays 8:30 a.m. Registration required by Friday prior to class. Minimum 4 students. Equipment provided. Free.